

GROUP SUPERVISION WORKSHOPS

The team at Bowen Hills Psychology is proud to present a series of group supervision workshops, aimed at developing the knowledge of provisional psychologists completing the 4+2 and 5+1 registration pathway. Each presenter brings their unique experience and skill set working as psychologists in the field. All workshops are \$300+GST (GST exclusive for those completing a registration pathway) and are 3 hours long via zoom, offered nationwide (maximum of 5 participants). The workshops will cover content and also leave time for you to bring your cases or questions to the presenter.

To register, complete the form at the end of this flyer. Once registered we will send you a template 'adding a practice supervisor' form to enable you to count the hours towards group supervision if desired.

Friday 10th March
9.00am-12.00pm (AEST)
Presenter: Helen Holdsworth

Autism/ADHD assessment: Your questions answered
PLACES LIMITED! *Explore the fundamentals of assessing Autism and ADHD in both children and adult populations using a neurodiversity affirming approach.*

Saturday 25th March
9.00am-12.00pm (AEST)
Presenter: Greta Neilsen

Intake, formulation and treatment planning
Refine your skills in clinical questioning to help formulate what is going on for your client and plan effective treatment.

Friday 31st March
9.00am-12.00pm (AEST)
Presenter: Helen Holdsworth

Autism/ADHD assessment: Your questions answered
Explore the fundamentals of assessing Autism and ADHD in both children and adult populations using a neurodiversity affirming approach.

Saturday 22nd April
9.00am-12.00pm (AEST)
Presenter: Greta Neilsen

CBT in practice: Core skills for your toolbox
Practical application of CBT skills to use with clients using examples for treating anxiety and depression.

Friday 28th April
9.00am-12.00pm (AEST)
Presenter: Dr Jessica Brands

Modern Psychodynamic Therapy in practice
Cut through the intellectual jargon and get straight to the practical skills. See how you can elicit change through the therapeutic relationship.



Saturday 6th May
9.00am-12.00pm (AEST)
Presenter: Greta Neilsen

DBT in practice: Core skills for your toolbox
A brief introduction to DBT, with practical skills to help clients manage distress and regulate their emotions.

Thursday 18th May
9.00am-12.00pm (AEST)
Presenter: Genevieve Steele

Assessment & Diagnosis for Addiction: Introduction MI & CBT skills
Targeting foundation skills for assessing and diagnosing addiction-based disorders, receive a practical introduction to using MI and CBT skills in treatment.

Friday 19th May
9.00am-12.00pm (AEST)
Presenter: Alicia Paterson

Schema Therapy in practice
Develop Schema therapy skills in a small group environment including conceptualising cases using Early Maladaptive Schemas and Schema Modes.

Wednesday 14th June
9.00am-12.00am (AEST)
Presenter: Dr Jessica Brands

Prepping for the National Psychology Exam 1
Part 1 of a 2 part series. Covering the Ethics and Assessment domains, we lead a small group study to help you pass your exam.

Friday 30th June
9.00am-12.00am (AEST)
Presenter: Dr Jessica Brands

Prepping for the National Psychology Exam 2
Part 2 of a 2 part series. Covering the Intervention and Communication domains, we lead a small group study to help you pass your exam.

Thursday 13th July
9.00am-12.00am (AEST)
Presenter: Genevieve Steele

Introduction to Eating Disorders
Learn to identify disordered eating behaviours and safely implement the initial stages of treatment for these clients.

Friday 7th July
9.00am-12.00am (AEST)
Presenter: Kelsi Day-Molloy

Working with single event Posttraumatic Stress Disorder (PTSD)
Build your knowledge and skills in the assessment, treatment and challenges related to working with single event PTSD.

Friday 14th July
9.00am-12.00pm (AEST)
Presenter: Kelsi Day-Molloy

Working with Complex Trauma
Build your knowledge and skills in the assessment, treatment, and challenges related to working with complex trauma presentations.



Friday 4th August
9.00am-12.00pm (AEST)
Presenter: Alicia Paterson

Using Acceptance and Commitment Therapy (ACT)

Develop your understanding of core principles of ACT and effective interventions based on metaphor and experiential exercises. See how you can apply ACT to your clients.

Saturday 12th August
9.00am-12.00am (AEST)
Presenter: Isabel Hoysted

Working with Bipolar Mood Disorder

Develop your understanding of the Bipolar Mood Disorders, including assessment, differential diagnosis, and intervention.

Check our website after July to see what's on offer in the second half of 2023!



Group supervision workshop registration form: Bowen Hills Psychology

REGISTRATION FORM: Email to admin@bowehillspychology.com.au when complete.

Name

Pronouns

Email Address

Phone number

Title and/or pathway (e.g., "provisional psychologist' 4+2)

I would like to register my attendance at the following workshops (please tick):

- Friday 10th March - Autism/ADHD Assessment: Your Questions Answered
- Saturday 25th March - Intake, Formulation And Treatment Planning
- Friday 31st March - Autism/ADHD Assessment: Your Questions Answered
- Saturday 22nd April - CBT In Practice: Core Skills For Your Toolbox
- Friday 28th April - Modern Psychodynamic Therapy In Practice
- Saturday 6th May - DBT In Practice: Core Skills For Your Toolbox
- Thursday 18th May - Assessment & Diagnosis For Addiction: Introduction MI & CBT Skills
- Friday 19th May - Schema Therapy In Practice
- Wednesday 14th June - Prepping For The National Psychology Exam 1
- Friday 30th June - Prepping For The National Psychology Exam 2
- Thursday 13th July - Introduction To Eating Disorders
- Friday 7th July - Working With Single Event Posttraumatic Stress Disorder (PTSD)
- Friday 14th July - Working With Complex Trauma
- Friday 4th August - Using Acceptance And Commitment Therapy (ACT)
- Saturday 12th August - Working With Bipolar Mood Disorder

To pay via credit card:

I authorize Bowen Hills Psychology to charge my credit card for the workshops ticked above (\$300 each GST exclusive for provisional psychologists)

Credit/debit card number

Name on card

Expiry

To pay via bank transfer:

Account Name: **Brands Investments**

BSB: **064-103**

Account Number: **1034 1224**

Please quote your **NAME** as a reference